

FEEL LIKE A KID

Serves: 4 • Serving size: 1 waffle

13
minutes

PREP: 10 minutes

COOK: 2–3 minutes

S'MORES

Waffle

1 cup graham cracker crumbs
½ cup self-rising flour
3 tbsp. brown sugar
¾ cup whole milk
¼ cup vegetable oil
1 large egg
Marshmallow fluff, optional
Chocolate bar, optional

1. In medium bowl, mix all ingredients (except marshmallow fluff and chocolate bar) until batter is smooth.
2. Divide batter between Silicone Waffle Form and microwave on high power 2–3 minutes or until toothpick inserted in center comes out clean.
3. Let rest 1–2 minutes before inverting.
4. Cut each waffle in half and fill with a dollop of marshmallow fluff and a piece of chocolate bar or desired filling.

Nutritional Information (per serving):

Calories: 360 Total Fat: 19g Saturated Fat: 3.5g Cholesterol: 50mg Sodium: 340mg
Carbohydrates: 42g Fiber: 1g Sugar: 17g Protein: 6g Vitamin D: 4% Calcium: 10% Iron:
10% Potassium 4%

date
me

Tupperware®



TO DEMO



Chop 'N Prep
Chef



Silicone Waffle Form

OPTIONAL



Silicone
Spatula



Measuring
Spoons



Measuring
Cups



Thatsa® Bowl



Universal
Series Chef
Knife